



***Wheel-E***  
*A quality monthly supplement  
to your quarterly prescribed  
amount of Spinal Columns.*

***Wheel-E*** vol.14  
January 10<sup>th</sup>, 2007

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HAPPY NEW YEAR !! Welcome to the January issue of ***Wheel-E*** bringing you news, events and announcements to your inbox every month.

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## Edmonton

### **The Canadian Paraplegic Association (Alberta) is seeking Nominees for it's 2007 RECOGNITION AWARDS**

The Canadian Paraplegic Association (Alberta) will be presenting its annual awards at our upcoming Red Carpet Affair on March 8, 2007. We would like you

to have an opportunity to make suggestions for individuals or organizations who you feel are worthy of receiving any of these awards.

For a list of the awards, their criteria for selection and a history of past recipients, and to receive a nomination form, please contact Betty at: [betty.macisaac@cpa-ab.org](mailto:betty.macisaac@cpa-ab.org)

**Deadline for Submissions:** January 31, 2007

Fax or e-mail nomination(s) to: 780-424-6313 [edmonton@cpa-ab.org](mailto:edmonton@cpa-ab.org)



*Red Carpet  
Affair 2007*

### **CPA announces Rick Hansen to receive the 2007 Christopher Reeve Award**

Canada's Man In Motion, Rick Hansen will receive the 2007 Christopher Reeve Award at CPA's annual Red Carpet Affair on March 8 at the Shaw Conference Centre. Hansen will be the guest of honor in celebration of the 20<sup>th</sup> anniversary of his Man In Motion World Tour which took him through 34 countries for over two years and raised more than \$26 million for spinal cord injury.

For more information, visit:

[http://www.canparaplegic.org/en/CPA\\_Alberta\\_Homepage\\_152/items/6.html](http://www.canparaplegic.org/en/CPA_Alberta_Homepage_152/items/6.html)

For details on the Red Carpet Affair or to purchase tickets, contact Marc Quinn at: (780) 424-6312 or [marc.quinn@cpaab.ca](mailto:marc.quinn@cpaab.ca).

### **AUCTION ITEMS NEEDED Can you help?**

The Canadian Paraplegic Association (Alberta) will be holding its 4<sup>th</sup> Annual Red Carpet Affair Gala Dinner, Live and Silent Auctions On March 8, 2007 at the Shaw Conference Centre – in the new Hall D

Our guest speaker – and recipient of the prestigious Christopher Reeve Award that night - will be Rick Hansen on the 20<sup>th</sup> anniversary of his Man in Motion World Tour. In March of 1987, Rick wheeled through the streets of Edmonton and what an exciting time it was for our city!

The Canadian Paraplegic Association (Alberta) (CPA) is seeking your help in helping us to honor Rick Hansen and raise money so that CPA can continue to

provide essential services to persons with spinal cord injuries and other physical disabilities. We are canvassing businesses now to solicit items for the event. All contributions, whether large or small, will be gratefully accepted and will contribute to making this evening a great success.

We are anticipating that 500-600 guests will join us for the big event. We would be thrilled if you can help us to make this evening a success through a donation to the Live or Silent Auction.

Please contact us and we will fill you in.

Donna Zazulak  
Red Carpet Affair  
Patron's Council  
(780) 990-7749  
[donna@bridalfantasy.com](mailto:donna@bridalfantasy.com)

Marc Quinn  
Red Carpet Affair  
(780) 424-6212 ext.2226  
[marc.quinn@cpa-ab.org](mailto:marc.quinn@cpa-ab.org)

We can also provide you with additional information about tables and ticket purchases and sponsorship. Give us a call or log on to [www.canparaplegic.org](http://www.canparaplegic.org) click on the CPA Alberta Homepage.

### **Volunteer Recognition**

The annual CPA Volunteer Recognition & Award Night was held on December 9 in Edmonton at the Molson House and was attended by 70 volunteers and guests.

Volunteers and guests were treated to a delicious supper of turkey, ham and all the trimmings – the feedback on the meal was totally positive.

Several volunteers were awarded special prizes, donated by local merchants, for their countless number of volunteer hours. Other volunteers and guests won prizes in the many draws that were made during the evening.

Two very special awards were presented – the first was presented to Dan Palamarek for his many years of volunteer service on the CPA Board. The second went to Bill Trofimuk who was awarded the prestigious Jim Biglow Volunteer Award which CPA presents on an annual basis to a long standing CPA volunteer.

CPA thanks all those valuable volunteers for their time and commitment.



## **Disabled Skiing**

Love the winter, but not sure what to do outside? Enjoy the snow this winter with the Canadian Association for Disabled Skiing (CADS) Edmonton zone! We're looking forward to another great season of facilitating the inclusion of people with disabilities into the world of skiing. The Edmonton program offers instruction for downhill and cross country skiing in the winter and water skiing in the summer.

The Alpine program (learn to ski, snowboard and race) takes place Wednesday evenings at Rabbit Hill starting January 17, 2007. The Nordic program operates Tuesdays at Victoria Golf Course.

New students are welcome, as are volunteers with some ski or snowboard experience. A variety of adapted equipment is available, so if you have the desire to get out and enjoy the snow, contact CADS and we will assist you to realize the dream. We are holding an Open House on Nov. 23 from 6:30 to 8:30pm at Snow Valley, so come out to meet us and see some of our equipment!

Visit CADS Edmonton <http://www.cadsedmonton.ca> , or call our InfoLine at 907 9993.

## **Paralympics Sports Association**

As we head into another season of programs, we again require some dedicated volunteers to help run things. If you have volunteered in the past and/or know someone who would be interested in volunteering for any of our programs this year, please contact Trish at the PSA office, 439-8687. Our programs are such a success because of the great group of volunteers that we have each year.

### **Volunteers needed for the following programs:**

**Swimming** - Saturday's from 3:30 – 5:30 pm MacEwan City Centre Pool

**Teen Group** – One Saturday a month – 7:00pm-9:30pm (may vary)

**Sledge Hockey**- Tuesday Night's: 6:15pm-7:15pm (Novice Division)

7:30pm-8:30pm (Intermediate Division) ~ Donnan Arena-9104-80 Ave

### **January 2007 list of Program starts for PSA:**

**FUN FOR KIDS** ~ JAN.20th

**TEEN GROUP** ~ JAN.20th

**SLEDGE HOCKEY** ~ JANUARY 9th

**TAE KWON DO** ~ JANUARY 10th

**SWIMMING ~ JANUARY 13th**

**SQUARE DANCING/FLOOR HOCKEY ~ JANUARY 8th**

To register or volunteer, please contact Trish Aire:  
(780) 439-8687 [trish@parasports.net](mailto:trish@parasports.net)

### **Entertainment Books for Sale**

The Paralympic Sports Association has a few Entertainment Books left to sell. If you are interested in getting an Entertainment Book \$40 please contact Trish or Kim at the PSA office (780) 439-8687.

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## Lethbridge

### **A Special Thanks to the Royal Canadian Legion**

The Lethbridge CPA office was presented with a \$500 donation from the Royal Canadian Legion. A portion of the money was used to purchase a digital camera to keep records of CPA activities and events. The remainder of the money will be used for peer conferences etc. We would like to extend our appreciation to the Legion for their continued support.



Rick Emery (Legion Manager) & Eliza Walters (CPA staff)

### **It's game time!**

The Lethbridge Wheelchair Basketball Association is excited and ready to get their game on. The Steamers are looking to recruit players for the upcoming season. Practices are held at the Boys and Girls club (1405-8th Avenue North, Lethbridge) Sundays from 2-4pm and Wednesdays at Dr. Gerald B. Probe School located on West Lethbridge from 8-9:30pm.

Your first practice will be a meet and greet. You will be measured for a chair and will be given the opportunity to try some chairs out. Don't want to come by your self? Bring a friend...able bodies are also welcome to play on the team. So come on out and let's get things roll'n!

For more information contact the team president, Kelly Sauerberg by phone at 894-4577 or email [sauerberg@shaw.ca](mailto:sauerberg@shaw.ca)



### **Winter is coming...**

Ok...so maybe snow isn't your best friend. But maybe you should try sit skiing...it may change your mind about that fluffy white stuff that falls from the sky. The ski season is about to start. The Canadian Association for Disabled Skiing (CADS) has a volunteer program that runs out of Lethbridge.

The Lethbridge CADS team will start off the Season in January 2007. The team rides at Castle Mountain resort. Castle Mountain is currently undergoing major changes. Adding a new chair lift that will provide more intermediate and beginner runs for those of you that are just getting started.

Instructor training will take place on January 6<sup>th</sup> and 7<sup>th</sup>. Classes will begin January 13<sup>th</sup> and run for eight consecutive Saturdays. We would encourage you to hit the slopes and enjoy this sport. The CADS program has the support of excellent volunteers, but could always use more. Without volunteers, the program would not exist. Please contact Daryl Medoruma (403-327-7956) to volunteer or participate in this program.

See you on the slopes!

### **International Day of Disabled Persons**

Being the first event held in Lethbridge in recognition of the day, support from the community was in full force. Over 70 people attended the event.

The day started with a Luncheon followed by key note speaker, Ross Norton. Ross is a member of the Men's Canadian National Team in the sport of wheelchair basketball and a two time paralympic gold medalist. Ross shared his experience living with a disability and how it has affected his life. Everyone in attendance was inspired by his story.

Displays were set up by a variety of organizations from the community including: The Canadian Paraplegic Association, Lethbridge Community College, Lethbridge Family Services, Quest Support Services, Alberta Amputee Sports

and Recreation Association, Voice Print and Lethbridge Association for Community Living.

We would like to thank Michelle Jacobs and Eliza Walters from the Canadian Paraplegic Association for planning the event. A special thanks to the Royal Canadian Legion for providing the facility and the lunch. We would also like to thank the Premiers Council and the Albert Disabilities Forum for funding our event. It was a huge success, and we look forward to having an even bigger event in 2007.



## Calgary

### **Calgary Peer Christmas Party**

The Peer Christmas party was held on December 13th at the Blackfoot Inn. Staff and peers enjoyed an evening of great food, entertainment by the Regent Academy of Irish Dance and musical interludes by Bobby Van. It was a wonderful opportunity to mingle and chat. Kudos to the Calgary staff for all of their hard work in organizing and hosting another successful and enjoyable evening.

### **Staff Christmas Soiree**

The staff at the Calgary office enjoyed our staff Christmas soiree. Once again Sharlene did an outstanding job in organizing the venue, the food and us. Trying to get everyone on the same page is like trying to herd a bunch of cats. Well done, Sharlene!

### **Mail Campaign**

Our yearly mail campaign went out the beginning of December (or pretty close to it). This year, it was decided to do the mail from each of the regions and have the response returned to the appropriate regional office. This will allow the regional staff to get to know who the donors are in their area and give them the

opportunity to personally thank those donors. When receipts are received, the staff will be sending out thank you cards. Many of us do not like phoning to ask for donations. Phoning to say thank you not only makes the donor feel good but us too!

### **Odyssey Videos**

Kevin Mark is the new spokesperson for the Odyssey videos. Russ is currently working on six new videos. Expect to see them on the website shortly.

<http://www.cpa-odyssey.org/>

### **New Staff**

Calgary staff (especially Nancy) would like to welcome Crystal Anderson on board. She is replacing Cal as the Fund Development/Special Events Coordinator (on a contract basis). She is set to begin work on our golf tournament (June 7<sup>th</sup>). Crystal has extensive experience with special events/golf tournaments. We are looking at having a totally sponsored golf tournament. She will also be lending her expertise with the Red Carpet.

### **Men Never Change – They Always Need More Women!!**

Well at least in Wheelchair Curling they do! In fact, the Calgary Wheelchair Curling League has become so successful that there is now actually a shortage of female players who are especially interested in getting into the competitive phase. It apparently seems that the majority of paraplegics are male rather than female. Hmmm wonder if that has anything to do with the male genome!! No jokes about Males and Females now!

The Calgary Wheelchair Curling League has become a major success story in Canada. They have the largest group of players in Canada who show up on Saturday afternoons at the Ogden Legion Curling Club for two hours of practice and fun games only. Almost 20 players are regular attendees and more keep coming. Participants may be paraplegics but have also included some with Stroke, Multiple Sclerosis, Spina Bifida, Cerebral Palsy, Quadriplegia and even Leg Amputees. The door is wide open to all. They even have social get-togethers for dinners.

The League has been working to develop an even stronger selection of more **competitive** players who are eager to compete for the Alberta Provincial Wheelchair Curling Championship. They practice on separate days. Last year a Calgary Team defeated an Edmonton team in a best two out of three playoff to win the Championship. They then represented Calgary at the Canadian Championships in Richmond B.C. where they did VERY well indeed.

While the Male Curlers players are looking especially for females (don't all men do this?), they would welcome anyone who would like to come out and try the sport. The sport is very doable for almost everyone. Remember that Canada is also the reigning Gold Medal Olympic Champions. Interested in trying to become one?? Contact the Coordinator, Ernie Comerford at 236 – 3239 or by email at [enjcomerford@shaw.ca](mailto:enjcomerford@shaw.ca). You may find that this is just what you were looking for.

### **Red Carpet Affair**

On February 9, 2007, the Calgary office of the Canadian Paraplegic Association (Alberta) will be hosting our 3<sup>rd</sup> Red Carpet Affair. This event is our premier fund raising event of the year. This year we are celebrating the arts and culture.

Spirit Synott is an accomplished dancer -- on wheels. Born with spina bifida, a debilitating congenital spinal cord condition, Spirit says dancing has always been a fundamental part of her life.

Our guest speaker is Steven Fletcher, MP (Conservative Party of Canada), who made history on June 29, 2004, when he became the first permanently disabled person elected to Canada's Parliament.

Once again, Barb Higgins will be our Master of Ceremonies at the event held at the Palomino Room at the Stampede Grounds. Talented Alberta artists will be showcasing their art, Kevin Heikkila will provide the cool sounds of jazz and the Red Carpet Committee is working tirelessly for outstanding auction items.

Through your participation you will be supporting an essential Alberta organization. In addition, you will experience an inspiring evening that will encourage everyone to pursue their goals and dreams, whatever the challenge.

Thank you in advance for your support. Should you require any additional information please contact me at 228-7424 or email [nancy.scott@cpa-ab.org](mailto:nancy.scott@cpa-ab.org). I look forward to seeing you in February at this world-class event.

Visit:

[http://www.canparaplegic.org/en/CPA\\_Alberta\\_Homepage\\_152/items/12.html](http://www.canparaplegic.org/en/CPA_Alberta_Homepage_152/items/12.html)

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## **Red Deer**

### **CPA Golf Classic**

The 8th Annual Canadian Paraplegic Association Golf Classic in Red Deer was another great success! CPA was honored again this year to have MGM Ford Lincoln & Honda Red Deer as our Title Sponsors. And we look forward to

displaying 18 Ford and Honda vehicles as hole-in-one prizes again at next year's tournament.

We didn't give away a vehicle this year as we have in the past, but that didn't stop all 160 golfers from having a great time. With plenty of food on the course, putting contest, chipping contest, chipping to a wheelchair, and the \$100,000 Shootout there's something new at every turn! It's all followed up by a wonderful steak barbecue and live & silent auctions.

One of the elements that makes this tournament unique is the fact that all the tee-boxes are moved forward to par 3 lengths. It's like 18 closest to the pin contests -- with a vehicle on every hole as a hole-in-one prize! The name of the game is fun, and we hear from many participants that they have more fun at the CPA Golf Classic than any other tournament they attend.

Mark your calendar for the third Friday in August. And if you're interested in getting involved with the Red Deer CPA Golf Classic, as a sponsor, participant or volunteer, contact the Red Deer office at 403-341-5060.

### **City of Red Deer**

City Council has okayed the relocation of the city yards and bus barn to the area next to Three Mile Bend along the river. CPA has been working closely with the design team that has been working on the new facility with regard to inclusion. The project will not be completed for three years, but including accessibility at this stage is much more cost-effective than trying to renovate afterwards.

The city of Red Deer has engaged in long-range planning projects entitled, "Future Directions -- Red Deer at 300,000". CPA received an invitation and took part in the initial launch of the project and will continue to work with city officials who are all striving for an inclusive community.

### **Transportation**

Red Deer City Council has passed a motion to assume operation of the Red Deer Citizen's Action Bus. The service was developed and has been operated well by the Citizen's Action Group for 30 years, but with the city's growth, and the economies of scale that can be realized by having accessible transit under the same control as regular public transit, it makes sense to take this action at this time. The CPA and others will continue to work with the city, to ensure that the level of service offered continues to meet the needs of those in the community who require accessible transportation.

### **International Day for Disabled Persons**

IDDP was celebrated in Red Deer on Monday, December 4 -- and it truly was a celebration! More than 100 people listen to presentations from Marlin Styner, member of the Premier's Council on the Status of Persons with Disabilities; Scott Cameron, FCCS Manager, the City of Red Deer; and a number of business owners who employed people with disabilities in the community; and people with disabilities who are working in the community. The presentations were followed by a number of theatrical performances and skits, and displays of art performed and created by people with disabilities. The theme for the day was "Nothing About Us Without Us", and the accomplishments and contributions of people with disabilities in the community was on display for everyone to see -- and for those who weren't in attendance the media carry the story to them. Congratulations to the organizing committee for doing a wonderful job!

### **Meet and Greet**

The Red Deer Office is in the planning stages of organizing a meet and greet peer/sponsor event in early 2007. The purpose is for our sponsors to meet some of the clients they are helping through their involvement with CPA, and for clients to meet the people responsible for CPA being able to assist them. Watch future publications for details.

### **Looking for New Players**

The Central Alberta Sledge Hockey Association and the Red Deer Rage is gearing up for another season. We are looking for new players for the 06/07 season.

Contact Doug Manderville in the Red Deer office for more information  
(403) 341-5060

[doug.manderville@cpa-ab.org](mailto:doug.manderville@cpa-ab.org)

### **Odyssey/Peer Conference**

The Red Deer office is looking forward to the second annual Odyssey/Peer Conference. We have booked the Black Night Inn for March 15 2007, keep your eyes on wheel-e news for more information.

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## **Medicine Hat & Area**

### **Are you interested in Playing Sledge Hockey?**

Please contact Ken at the CPA office (504-4001)

**The recreational Wheelchair Basketball** is on Thursday evening at the Y on Ash Ave from 6:16 7:30pm. All ages and ability welcome. For more information, please contact Pat the Y, 527-4426.

## Grande Prairie

### **Local Group Organizes Successful Event**

The International Day of the Disabled Person was celebrated on December 3, 2006, with an event hosted by the Community Committee on Disability Issues (CCDI). This committee meets regularly in Grande Prairie and is comprised of likeminded organizations interested in helping persons with disabilities in the Grande Prairie Area. This year's theme was "Nothing About Us Without Us," reminding us that disable persons need to be involved in all levels of discussions and resolutions made concerning their welfare.

The Event, consisting of a Trade Fair, Cocktails, Supper and Family Dance, took place at the Elks Lodge with 18 organizations setting up displays. The committee desired to raise awareness of local services and opportunities for disabled persons in our community. The organizations present were: Peace Country Health [Rehabilitation], Muscular Dystrophy Canada, Multiple Sclerosis Society, Grande Prairie Residential Society, Mobility Plus, Canadian National Institute for the Blind, Canadian Paraplegic Association, North Amputee Association, Accredited Living Supportive Services Ltd., Family Voices, R. Work Group, Alzheimer's Society, CPA Bingo Coordinator, Canadian Mental Health Association, Northwest Advocate in Action, Grande Prairie Regional College, Wolverines Wheelchair Sports Association, Disabled Transportation, and the PDD Northwest Alberta Community Board. This was a great opportunity for organization members to meet one another, promoting better working relationships between different groups. Door Prizes, donated by each organization, were drawn at the end of the Trade Fair.

At 1:00 pm. MC Holly Crichton introduced the speakers for the afternoon. Alderman Dwight Logan gave the Proclamation and Donna Lajeunesse spoke for the Premier's Council on the Status of Persons with Disabilities. Judy Quach from Peace Country Health talked about the past and the present of CCDI and Travis McNally discussed the future of CCDI. Ambassadors Byron Raaen and Lori Trepanier had the opportunity to share their experiences prior to the event.

Cocktails were served from 5-7, with supper starting at 6:00 pm. There were 133 people who enjoyed the delicious meal. More door prizes were handed out and supper was followed by a dance open to the public. The atmosphere was relaxed and enjoyable. A gathering of individuals with various disabilities under one umbrella, made for a great event.

The Community Committee on Disability Issues extends a huge thank you to individuals and sponsors for their tremendous support. It is much appreciated.

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## Creative Solutions



### **Are you creative?**

You might be surprised at how creative you really are. I don't know about you, but I have found that being in a wheelchair requires me to go about things a lot differently than I used to. It might be hard for you to pick things up, or to afford the equipment that you need to get through everyday life. If this is the case then we want to hear from *you*.

Please send your creative ideas to [CPAAlbertaNewsletter@cpa-ab.org](mailto:CPAAlbertaNewsletter@cpa-ab.org)

To view others creative ideas please visit:

[http://www.canparaplegic.org/en/CPA\\_Alberta\\_Homepage\\_152/items/14.html](http://www.canparaplegic.org/en/CPA_Alberta_Homepage_152/items/14.html)

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## For Your Information

### **Career Work Shops**

Are you interested in going back to work in the new year? If so please check out the following link for career work shops held by BGS Enterprises Inc.

[www.bgsenterprises.com](http://www.bgsenterprises.com)

### **Rights of People with Disabilities**

For most people in this room, today marks an important event: the day the General Assembly adopts the Convention on the Rights of Persons with

Disabilities. But for 650 million persons around the world living with disabilities, today promises to be the dawn of a new era -- an era in which disabled people will no longer have to endure the discriminatory practices and attitudes that have been permitted to prevail for all too long.

Read more: <http://www.un.org/News/Press/docs/2006/sgsm10797.doc.htm>

### **Stelmach sets new Alberta agenda**

New government structure will focus on building a stronger Alberta and improving Albertans' quality of life

*Edmonton...* Premier Designate Ed Stelmach has laid out the five priorities for his new administration. The priorities will focus Cabinet and government caucus on improving the quality of life for Albertans through better government planning and management of expenditures.

"As Alberta's premier, my goal is to do what is right for our province and for all Albertans," said Stelmach. "Together, we can do great things."

To read more: <http://www.gov.ab.ca/acn/200612/209017CEF02F5-911B-E78F-7A31D0E44E710C33.html>

### **On Site Placement Services**

CPA has recently partnered with On Site Placement Services to offer employment services to current and past members.

On Site Placement Services is currently working with a number of CPA members. If you are interested in finding out more, please visit <http://www.osp.ab.ca/>

Contact Tracey Van Der Veen 488-8122 or by email: [traceyv@osp.ab.ca](mailto:traceyv@osp.ab.ca).

Or you can contact Guy Coulombe 424-6312 or by email: [Guy.Coulombe@cpa-ab.org](mailto:Guy.Coulombe@cpa-ab.org).

### **The Northern Alberta Abilities Lodge @ Blue Lake**

It is a sad fact that many people with disabilities are restricted from visiting Alberta parks because they are not accessible or affordable. We are the "Friends of The Northern Alberta Abilities Lodge @ Blue Lake" and our goal is to work with the Government of Alberta to establish a facility in northern Alberta that serves a similar function to William Watson Lodge in Kananaskis Park.

To help make this a reality for some of our 332,000 Alberta citizens with disabilities, please support this initiative by talking to your MLA about your support for the establishment of The Northern Alberta Abilities Lodge @ Blue Lake. For brochures, to get involved, or to get updates on the Blue Lake initiative, please contact us to show your support for this visionary project.

Contact persons:

Diane Ridley – [djridley@telusplanet.net](mailto:djridley@telusplanet.net); 780-789-3641

Ross Wein - [rosswein@shaw.ca](mailto:rosswein@shaw.ca); 780-436-0141

### **Learning Disabilities Association of Alberta Conference 2007**

The Learning Disabilities Association of Alberta's 2007 conference committee wishes to extend an invitation for session proposals. The conference will be held October 31 - November 2, 2007 at the Telus Convention Centre in Calgary, Alberta. This year's conference theme is "The LD Challenge - Together We Are Up For It".

Learn more: <http://www.ldaa.ca/>

### **Transit Tax Credit**

In the 2006 Federal Budget, a tax credit for Public Transit was included, which will allow Canadians who have purchased monthly transit passes, or passes of long duration to claim 15.5% to their income tax returns. This non-refundable tax credit takes effect July 1<sup>st</sup>, 2006 and applies to all transit users.

DATS advises monthly pass holders and sales receipts beginning July 1, 2006 for their 2006 income tax return. For more information, check out the Canadian Revenue Agency website:

<http://www.cra-arc.gc.ca/whatsnew/items/transit-e.html>

**Specialty Designs Ltd.** aims to provide those who have to overcome physical challenges with the equipment needed to enhance their daily lives and to open doors to increase independence.

Feel free to browse through their on-line catalogue. All the equipment is custom designed and fabricated in facilities in Edmonton, Alberta, Please visit the following link: <http://www.specialtydesigns.ca/>

## Items for sale

### Swap and Shop

Did you know there was a place on the CPA website to shop for items and sell items? Well now you do! Please take the time to visit to following link and view the items for sale:

<http://www.canparaplegic.org/en/204>

### HOME DESIGNED FOR MOBILITY IMPAIRMENT



7035 – 137 Avenue, Edmonton  
Asking \$380,000.00

Close to Londonderry Mall, Londonderry Recreation Centre, transportation and schools, this home with a detached carport from the rear lane features a large deck (with ramp) from which one can enjoy the large fenced yard. On the main floor you find kitchen, living room, 2 bedrooms, 1 4-pce bathroom, and den with patio door to the deck. The redeveloped basement (2006) has family room, 2 more bedrooms, laundry room, bathroom with Jacuzzi tub, and storage spaces. Renovations to this home in Delwood were done in 2003 and include electrical, plumbing (back-water valve included), doors, windows, kitchen cabinets, and bathroom vanity and fixtures. It also features the following:

Elevator from ground level to main floor and basement

Industrial lino and ceramic tiles on main floor to withstand wheelchair traffic

Laminate flooring and ceramic tiles in basement

Main bathroom with wheelchair accessible shower and under-sink space. It also connects to the master bedroom.

Ceiling tracks in master bedroom (lift not included)

Kitchen with under-sink space, meal preparation counter, pull-down shelves and pull-out drawers in cabinets.

Appliances included: side x side refrigerator with ice and water dispenser, stove with ceramic top and front controls, dishwasher. The elevated washer and dryer are in the basement and have front controls too.

This property is ideal for a family or for the person needing a live-in caretaker.

For more info call Johanne Tardif, agent, Coldwell Banker Panda Realty

Tel.: (780) 466-4663

[www.johanne-tardif.com](http://www.johanne-tardif.com)

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## Wheelchair Sports

### **Life Rolls On**

LRO is the story of the able-bodied and disabled coming together to motivate each other with the inspirational message of achievement in the face of extreme adversity. A message which has been heard around the world, delivered by **ambassadors** supporting these efforts.

<http://www.liferollson.org/site/pp.asp?c=egLLKTNJE&b=79268>

**The Canadian Wheelchair Sports Association** (CWSA), founded in 1967, is a national sport organization representing wheelchair athletes. It is an incorporated, not-for-profit, organization recognized by Sport Canada.

<http://www.cwsa.ca/home.html>



### **The Canadian Association for Disabled Skiing (CADS)**

In 1948 the first courses for disabled skiers were offered. Since then it has come a long way. There are many disabled ski programs offered in Alberta. CADS offers programs province wide. For more information about programs in your area visit: <http://www.cadsalberta.ca>

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## Job Opportunity

**Dazzleyou Innovations**

Two jobs are currently available through Dazzleyou Innovations. These jobs required computer operations and could be worked on from the employee's home. Limited keyboard involvement is required making this a perfect job opportunity for visually capable paraplegics and quadriplegics with some use of one hand.

The work involves 3 Dimensional Models of commercial buildings for the construction industry here in Alberta and in the USA. The employee's residence will have to be able to receive highspeed internet, (cable or DSL) although, Dazzleyou Innovations can pay for the high-speed, if necessary.

This job will require about one week of training, which can be done in the employee's home online. One day will get most of the training done. The employee will need to do the work for about a week to become proficient. During the training period the employee would need to be able to hear instructions.

After the initial training period, hearing would not be quite as important. The employee would need to be able to speak and write English, but French as a second language would be an asset.

Pay will be above average \$20/\$30 per hour and there will be lots of work. High capacity computer and equipment necessary will be supplied.

The successful employee would need to be quick with a computer and quick at moving 3D images into place on a computer screen. If you are interested please contact:

Bill Somerville at [somsteel@telus.net](mailto:somsteel@telus.net)

Phone: 403-742-4299

Website: <http://www.dazzleyou.com/drafting>

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The next issue of CPA (Alberta) *Wheel-E* will be February 1<sup>st</sup>, 2007. Send in your February announcements! First deadline for submissions will be January 25<sup>th</sup>, 2007.

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