



**August 2009 Issue, vol. 44**

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## News

### **Come work for the CPA (Alberta)**

Position available for **Administrative Assistant** in the Edmonton CPA (Alberta) office.

**Job Summary:** Provide reception services, clerical and office support.

#### **Key Areas of Responsibility:**

1. Provide general office coordination including reception, mail distribution, filing, supply ordering and maintaining office equipment.
2. Provide staff support including making meeting and travel arrangements, taking minutes, providing clerical support, assisting with expense claims and time sheets.
3. Provide clerical support including word processing, spreadsheets and data entry.

#### **Skill Sets, Experience and Education:**

- High school diploma.
- Three years administrative experience.
- Excellent organizational, customer service, interpersonal and communication skills.
- Excellent working knowledge of all office equipment.
- Excellent knowledge of Microsoft Office.
- Ability to multi-task.

If you have questions or are interested in applying for the position, please contact or send resume to:

Janice Brownlee, CMA  
Director of Finance  
Canadian Paraplegic Association (Alberta)  
305, 11010 - 101 Street  
Edmonton, AB T5H 4B9  
Main: (780) 424-6312  
Fax: (780) 424-6313  
Email: [janice.brownlee@cpa-ab.org](mailto:janice.brownlee@cpa-ab.org)

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## Events in your Community

### Calgary:

#### **The 9<sup>th</sup> Annual Calgary Charity Golf Classic!**

Date: Tuesday August 18, 2009

Location: Valley Ridge Golf Club - 11618 Valley Ridge Park NW Calgary, Alberta

Time: 1:00 PM Shotgun Start Texas Scramble

REGISTRATION OPENS AT 11:30 AM

Dinner to Follow the Game - Live & Silent Auction

Registration Fees: \$1,000 per foursome, \$250 per individual, (includes green fees, power cart, dinner, gifts and prizes)

Registration/Information:

Tara Crowe 403-228-7431 or [golfcalgary@cpa-ab.org](mailto:golfcalgary@cpa-ab.org)

Sponsorship & other opportunities

Mitchell Ravvin 403-228-7418 or [mitchell.ravvin@cpa-ab.org](mailto:mitchell.ravvin@cpa-ab.org)

Online Registration [www.cpa-ab.org/golf](http://www.cpa-ab.org/golf)

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#### **Calgary 2009 Odyssey Calendar of Peer Events**

Sailing/BBQ Saturday August 22

Sexuality in Life After SCI Tuesday August 25

9 Fun Car Rally Saturday September 12

Peer Christmas Dinner Saturday November 21st

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### Edmonton:

#### **FREE: Dragon Naturally Speaking Training**

Do you use Dragon Naturally Speaking, or would you like to learn how? In partnership with the CPA, Tom Sheridan has agreed to provide free training classes for a limited number of students. Tom is the Manager of Adaptive Technology Services at the University of Alberta, and he has decades of experience using and teaching a multitude of adaptive technologies, including Dragon Naturally Speaking. Facilitated by Tom's former student and Edmonton Client Services Coordinator Kuen Tang, classes will begin on Friday, August 14th from 6 to 8 pm and Monday, August 24th from 6 to 7 pm, at the Glenrose Rehabilitation Hospital. Space is limited to a maximum of 6 to 8 students, so contact Kuen at (780) 424-6312, ext. 2235 or [kuen.tang@cpa-ab.org](mailto:kuen.tang@cpa-ab.org) before the August 11th deadline to make sure you take advantage of this rare opportunity.

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#### **Edmonton The Peer Conference**

Friday, September 11, 2009 at the Chateau Nova Hotel & Suites in.

##### **Conference Schedule:**

**8:30** Registration & Continental Breakfast

**9:00** Welcome

**9:15** Dr. Katherine Moore - Bladder Research

**10:15** Break

**10:30** Jay McCue - Stem Cell Treatment\

- 11:30** Dr. Karim Fouad - Stem Cell Research  
**12:30** Lunch Provided - "Wheelchair Dance Demo"  
**1:30** Education: - Panel Presentations  
**3:00** Break  
**3:15** What's New - "Exhibitor Product Demo"  
**4:15** Closing Remarks

**Guest Speakers:**



**Dr. Katherine Moore**

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**Dr. Karim Fouad**



**Jay McCue**

**Edmonton's Charity Golf Tournament:**

Edmonton's CPA (Alberta) golf tournament is just around the corner and we are almost half sold out!!

**Date:** August 26, 2009

**Location:** Petroleum Golf and Country Club

We would like to announce that thank a few new sponsors that have come on board:

- Hole Sponsors at \$5,000:
  - Saville Group
  - Canada ICI
- Half-Hole Sponsors at \$2,500
  - Universe Machine Corp
  - Pennock Acheson Nielson Devaney Chartered Accountants

This year, we have created a new Sponsorship title exclusively for Dominion of Canada of Provincial Sponsor! They have agreed to sponsor and attend all three golf tournament across the province.

We have also had a few major prize items donated, which will be either auctioned off at the live auction portion, or through prize draw. Our big ticket item is a WestJet voucher for two to anywhere in North America, which we are pairing up with golf passes to a private club in PEI. Also, we are currently working on attaining hotel accomodations and rental car. Our other large items received is a large wine fridge, valued at \$250, and a signed Lubomir Visnovsky jersey from the Oilers!

To find out more and to register contact: Teren Clarke (780) 424-6312

Email: [teren.clarke@cpa-ab.org](mailto:teren.clarke@cpa-ab.org)

Visit: [www.cpa-ab.org/golf](http://www.cpa-ab.org/golf)

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## Medicine Hat

### Peer Conference

We are also in the planning stages of a Peer Conference for September 25th. If anyone has ideas of topics of interest call the Medicine Hat CPA (Alberta) office at 403-504-4001.

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## Red Deer

### Red Deer's Charity Golf Tournament:

Date: Aug 14, 2009

Location: Riverbend Golf Course

To find out more contact: the Red Deer CPA (Alberta) office (403) 341-5060

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## Grande Prairie

### 2009 Rick Hansen Wheels in Motion Event in Grande Prairie, AB

"It was awesome. I met a guy in a wheelchair who moved from BC who was very competitive, I may be thirty nine years old but I can still race..." states an individual with spinal cord injury from High Level, Alberta.

This year, approximately 35 individuals participated at the Legion Field to raise awareness and to raise funds for solutions to improve the quality of life for persons with spinal cord injuries.

At the day of the event, Travis McNally demonstrated a fun and exciting way to compete in a wheelchair relay challenge. The purpose was to foster a better understanding of what it is like to navigate through life in a wheelchair. Two teams of four wheeled over and around pylons with mittens to the first station. Mittens were removed once poker chips were placed in a purse. Competitors raced to the finish line by weaving through pylons after hitting badminton birdies through a hula hoop.

Last year, the winning team was Mobility Plus. This year; the winning team is Darlene's Team. Each individual on the winning team received a Rick Hansen trophy. Chris Stetsko from Grande Prairie received a trophy and a Rick Hansen t-shirt for the most dollars raised by an individual.

Andre the DJ not only provided a play by play description of wheelchair relay challenge but he also encouraged individuals who competed against each other for additional prizes by wheeling backwards and competing against their own age and gender.

A huge thank you to the community volunteers who help with the set up, registration, breakfast, wheelchair relay challenge and clean up at the RHWIM event!

Proclamation



Pancake Breakfast



Wheelchair Relay Challenge



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## Research

### **Breathing Easier**

For many of the 12,000 people who sustain acute spinal cord injury (SCI) each year, taking a breath is a major challenge: About 20 percent will have initial weakness of the respiratory muscles, and up to 5 percent will develop chronic respiratory insufficiency. Traditional management of these individuals has included mechanical, positive-pressure ventilation (MV) through a tracheostomy. The risks and drawbacks associated with MV, however, have spurred the development of alternative methods of respiratory support. [Read more...](#)

<http://www.kessler-rehab.com/assets/documents/focus-newsletter/2009-Summer.pdf>

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## **Creative Solutions & Ideas**

### **Wheelchair steered using brain waves developed by Toyota**

A wheelchair that can be steered by brainwaves alone has been developed by Japanese car manufacturer Toyota. The company said it is among the fastest systems in the world for analysing brain signals

Read more: <http://www.dailymail.co.uk/sciencetech/article-1196247/Wheelchair-steered-using-brain-waves-developed-Toyota.html#ixzz0M7cuFtQX>



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## **Wheelchair Sports/Fitness**

### **ARE YOU INTERESTED IN HANDCYCLING.....?**

Be advised of a handcycling clinic at the U of C Aug. 20-24. We have scheduled the handcycle portion of the clinic for the morning sessions.

Handcyclists that are interested may also participate in the time trial on Saturday.

For more information or to make your attendance, Please contact Stephen Burke at:

[sgburke@ucalgary.ca](mailto:sgburke@ucalgary.ca)

Office 403-220-8008

Olympic Oval National Cycling Center 2500 University Dr NW Calgary T2N 1N4

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## Classifieds

### Wheelchair accessible van for sale

2005 Chevy Uplander Van

Braun entry Van system

19,000 km

For more information Call Cindy Hall at 403.452.2472

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### Estate Sale: Outdoor lift



Saviaria multi lift

Rated speed 8"/min

Weight of car 360Lbs

Rated load 750 LBS

Suspension acme screw

Serial number : MULTA2112054113

Asking price \$3,000

Open to offers.

thank you for your time, hope to hear back from you

403-279-3957

Freda.

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### Wheelchair Accessible Bungalow for Sale - Calgary

House is located in the Inglewood Community in Calgary. Some accessible features include:

- widened door ways
- barrier free washroom
- Wheel under counters
- Grab bars
- Stacked washer and dryer in kitchen area

Please contact Hal Henningsmoen for more information on the home.

Phone: 613-728-9221

Email: [hal.h@sympatico.ca](mailto:hal.h@sympatico.ca)

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### Four Year old Lift for sale



For More information about the lift please contact David Susinski at 403-207-4127

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### **Wheelchair Accessible Home for Rent - Calgary**



The main floor has 4 wheelchair accessible bedrooms, 1 complete wheelchair accessible bathroom, very bright and spacious kitchen, wide hallways, sliding doors and etc. This home has a fence, deck, wheelchair ramp, and abundant parking.

The basement has a very big living room, 2 bedrooms, 1 full bathroom, separate entrance and there are 13 stairs from the main floor to the basement.

I work as a Licensed Practical Nurse and I can also provide assistance if you have some clients who might require help in taking showers, medication's, activities of daily living and etc.

This home is located very close to calgary transit, schools, banks, medical clinics, safeway, co-op and various other amenities.

Please let me know if you or someone else would like to view the home.

Thanks,  
Kunal  
403-467-8011

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### **Accessible House for Rent in Calgary**

Available August 1 2009, 2 bedroom half duplex in Sandstone. Rent \$1500 a month  
It has ramps, accessible bathroom, elevator to basement with possibility to put in a bedroom,  
ceiling track.

Contact David Segi 403-383-0416

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**Wanted**

Looking for good used power chairs. Willing to spend around \$2500.00. Please contact Ken Kwiatkowski at (780) 654-5116.

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### **Swap and Shop**

This service is provided through the CPA website. Province wide people buy and sell used and new equipment. Check it out at: <http://www.canparaplegic.org/en/204>

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## **Employment/Education**

### **CIBC Customer Service Representative Intake - Calgary Market (Diversity Intake)**

#### **Business Unit Description:**

[Current Job being offered in Calgary Alberta](#)

The CIBC Career Access Program is a positive measures initiative to enhance employment opportunities for Persons with Disabilities and Aboriginal Peoples, which are two of the four employment equity designated groups defined by the Employment Equity Act.

Persons with Disabilities and Aboriginal Peoples who are accepted into the Program may receive supports from a dedicated team of consultants with expertise in diversity recruitment. They provide the necessary guidance and support (e.g., feedback on resumes, advice on job matches, coaching for interviews, etc.) so that job seekers in the Program have every opportunity to secure employment with CIBC.

To be eligible, candidates must meet one or both of the following:

Persons with Disabilities are individuals with long-term or recurring physical, mental, sensory, psychiatric or learning impairments that either they or potential employers view as being a disadvantage in gaining or maintaining employment.

Aboriginal Peoples are persons who are North American Indian (Status or Non-Status), Inuit or Métis.

NOTE: Participation in the CIBC Career Access Program is voluntary. People with disabilities and Aboriginal people may apply for CIBC jobs without disclosing equity group affiliation, though doing so will not lead to the support described above. All of our current vacancies may be found by visiting [www.cibc.com/careers](http://www.cibc.com/careers).

This posting is a summary of one of the positions found in CIBC's workforce. For the full job description including all of the job requirements, please visit our website at [www.cibc.com/careers](http://www.cibc.com/careers)

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## **Fund Development**

### **Become a CPA (Alberta) Member**

The Canadian Paraplegic Association (Alberta) has been providing services and support to Albertans who have suffered a spinal cord injury or have other mobility challenges since 1961.

Your support of CPA's Annual Membership drive has numerous benefits. As a member of CPA (Alberta), your **\$20.00** membership dues will allow you to:

- have a say in the future of CPA (Alberta) with a vote at our Annual General Meeting

- allow CPA (Alberta) to speak on behalf of Canadians with SCI and other physical disabilities with a more powerful, unified voice
- receive your monthly CPA (Alberta) email newsletter - "Wheel-E"
- receive Spinal Columns, the CPA (Alberta) magazine, published quarterly
- receive Total Access, the CPA National magazine, published quarterly
- receive invitations to local CPA (Alberta) events e.g. Peer Events, Red Carpet Affair, Diamonds & Denim, etc.
- have access to CPA (Alberta) programs
- have access to the CPA (Alberta) resource library
- eligibility to participate in CPA's Voluntary Accidental Insurance Plan

#### 2009 Added Benefits:



- **FREE Red Arrow Motorcoach** bus passes (limited quantity available) for travel between Calgary, Red Deer, Edmonton & Fort McMurray. For more information please contact Marilyn in the Calgary CPA (Alberta) office at 403-228-3001
- 15% off residential maid & carpet services through **Servpro Cleaning Inc.** – only available in Calgary. Please contact 403-520-7777 for details
- eligibility to participate in CPA's **RBC Group Banking** plan featuring competitively priced, flexible plans for all your banking needs. For more information please contact the Edmonton office at 1-888-654-5444 or locally at 780-424-6312.

Membership payment can be made by credit card or cheque, payable to CPA (Alberta) or over the phone by credit card (VISA or MasterCard).

Please note that your membership will not be denied due to financial hardship or lack of funds (so let us know on the membership enrollment form if this might be the case).

Make your voice count... keep informed... and stay connected...all with a 2009 CPA (Alberta) membership... call 780-424-6312 Ext 2241 or toll free 1-888-654-5444 to renew your CPA membership or become a new member today.

Thank you for your support!

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## Call for Submissions/Subscribers

Please let others know about *Wheel-E*! They can subscribe by emailing or giving us a call.

[CPAAAlbertaNewsletter@cpa-ab.org](mailto:CPAAAlbertaNewsletter@cpa-ab.org) (780) 424-6312 or toll-free: 1-888-654-5444

Please give us your thoughts and feedback on our Newsletter. If you have announcements you would like posted, please submit to: [CPAAAlbertaNewsletter@cpa-ab.org](mailto:CPAAAlbertaNewsletter@cpa-ab.org)

The next issue of CPA (Alberta) *Wheel-E* will be September 1<sup>st</sup>, 2009. First deadline for submissions will be August 25<sup>th</sup>, 2009. Please send in your announcements **before** the deadline!

For more information about CPA (Alberta) visit our website at <http://www.canparaplegic.org/ab>

The Canadian Paraplegic Association (Alberta) is a Registered Charitable Association. Charitable Registration # 11883-5016-RR0001. To make an online donation, visit:



<http://www.canadahelps.org/>

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