



Wheel-E

*A quality monthly supplement to your
quarterly prescribed amount of Spinal
Columns.*

Wheel-E vol.8
June 30, 2006

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Welcome to the July 2006 issue of *Wheel-E* bringing you news, events and announcements to your inbox every month.

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Edmonton

CPA Peer Evening - Tailgate Party and BBQ

Come out and join us to kick off the summer with a good ol' BBQ, and a tailgate party. Good food, great friends, and an adapted vehicle display where you can show off your adapted vehicle and see how others are motoring along.

Date: Tuesday, July 4

Place: Percy Wickman Garage, 5610 86 Street

Time: 6-8 pm

Food: Burgers (beef and veggie), salads, sweets and watermelon

What to bring: your RV or other adapted vehicle to show others what's out there



Please RSVP to Guy Coulombe by Friday June 30th at: 424-6312, if planning on attending.

Edmonton CPA Peer Conference

The 2nd annual "Creating Connections Peer Conference" was held on June 11th and 12th in conjunction with the Rick Hansen Wheels in Motion Event. CPA was pleased to have Mr. Rick Hansen attend the welcome reception and speak about the importance raising awareness and supporting programs that increase the quality of life of those with SCI.

This year's conference was a great success thanks to the assistance of the Peer Advisory Committee. This dedicated group of peers assisted staff to plan a conference with relevant topics for those with SCI as well as provide a tradeshow that offered members the chance to see the newest trends in technology and medical supplies as well as what organizations are available in their community. Way to go CPA Alberta, we look forward to next year!

Accessible Taxi's

In Edmonton at a recent Taxicab Commission meeting the motion was passed that would see 20 new licenses created and provided to a possible two companies with the stipulation that the accessible taxi service be provided on a 24/7 basis. It was also recommended that the city provide up to \$300,000 for vehicle modifications. It now goes to city Council for approval. An additional recommendation was that all taxis in Edmonton be wheelchair accessible by the year 2011.

Pre-Orders for 2007 Entertainment/Family Pak Books

The Paralympic Sports Association is now offering PSA members and their friends and families the opportunity to pre-order the 2007 Entertainment Books and the 2007 Family Pak. Both books offer many savings for Edmonton and area business. For more information contact Angie at the PSA office 439-8687 or angie@parasports.net

Edmonton Staff go to City Hall

8000 screaming fans, six Edmonton Oilers, and several members of Edmonton's municipal government came together on June 22 to celebrate Oilers Appreciation Day. The Stanley cup may have been out of reach by one goal (we don't count the empty net goal), but the loss didn't stop three CPA Edmonton staff members

from going out and sharing their appreciation for Captain Jason Smith and his determined team. Katie Shaw and Roswitha Dziwenko climbed over flower beds and waded up to their knees in water just to catch a glimpse of the man who will be joining them at Edmonton's 7th Annual Charity Golf Tournament, Jason Smith. Edgar Jackson took a more relaxed approach by watching the team from the comfort of his chair at the side of City Hall's fountain. When all of the speeches were finished, it was time to let Jason know that the CPA was there cheering him on. With only a rope separating the Edmonton staff from him, Katie yelled out "Hey Jason, we'll see you on August 17th for the CPA's golf tournament!" His response, "Oh Yeah. I'll see you then. I'm looking forward to it."



For more info on the Edmonton Tournament, go to www.canparaplegic.org/ab and click on Jason Smith's picture.

Invitation to Participate

As a past service recipient of the Canadian Paraplegic Association (CPA) you are invited to take part in the Employment Services for Persons with Disabilities Demonstration Project.

In this project you will receive support in your job search, receive on-the-job support from a Case Manager working with CPA clientele, attend workshops that will enhance your job search effort, have the option of attending exposure courses and have access to the Edmonton Chamber of Commerce Employment Consortium. The Employment Consortium works with Edmonton based businesses who are committed to employing people with disabilities.

For further information please call Rhett at On Site Placement Service Association at (780) 488-8122 or email rhettc@osp.ab.ca

Lethbridge

With two staff members now in Lethbridge, things are starting to pick up. Community relations are being built and there are great plans for community events and fund raising. Feel free to contact us:

Michelle Jacobs
Regional Services Coordinator
(403) 327-7577
michelle.jacobs@cpa-ab.org

Eliza Walters
Community Development Coordinator
(403) 795-1456
eliza.walters@cpa-ab.org

Calgary

Fee Assistance

Fee Assistance is available to residents of Calgary who are in financial need to access recreation programs and admissions at a reduced rate at participating organizations. Fee Assistance is accepted at City of Calgary pools, leisure centers and golf courses, Calgary Outdoor Pool Association, Calgary Public Library, Calgary Zoo, Cardel Place, Fort Calgary, Heritage Park, Rotary Challengers Park, Silver Springs Outdoor Pool, South Fish Creek Recreation Association, Talisman Centre, TELUS World of Science and V.R.R.I.

An Application and proof of financial need is required annually. It will take about two weeks after receipt of the application for the customer to be issued the Fee Assistance card. Please visit the following link for more information:

http://www.calgary.ca/portal/server.pt/gateway/PTARGS_0_2_104_0_0_35/http://content.calgary.ca/CCA/City%20Hall/Business%20Units/Recreation/Registration/Fee%20Assistance%20for%20Recreation%20Services/Fee%20Assistance%20for%20Facility%20Admissions.htm

Accessible Taxi's

The accessible taxi service in Alberta has received some good news over the last month. In Calgary, city council has approved 100 new licenses for a taxi cab service that has a restriction that they be wheelchair accessible. If all these licenses were taken up there could be a potential of all 116 wheelchair accessible cabs in the city.

Red Deer (Contact Paulette at (403) 341-5060 for all the events)

Red Deer Bingos Wednesday July 5th, Tuesday July 18th, Saturday July 29th
Come out and Volunteer!

Red Deer Golf Tournament: August 16th, 2006- almost sold out! *Come out and play great golf!*

Diamonds & Denim Wear your best denim and maybe win some diamonds! Saturday October 14th. Red Deer. Diamonds & Denim is a fundraiser in support of the Canadian Paraplegic Association (Alberta). Dance the night away with The Poverty Plainsmen: Nominated for the 2005 CCMA Group or Duo of the Year, and Winners of the 2005 SCMA- Group or Duo of the Year, and Single of the Year. Don't miss a chance to win a beautiful diamond pendant crafted by Mitchell & Jewell and a live auction with wonderful items to bid on, door prizes and much more. Tickets can be purchased at the CPA office in Red Deer or by calling 341-5060.

Ticket Prices: \$ 75.00 Single or \$ 145.00 Couple or \$ 550.00 Table

Hotdog BBQ at Nevada Bob's

On June 15 CPA hosted a successful hotdog BBQ at Nevada Bob's in conjunction with their Father's Day sale. KG Country 95.5 FM were promoting sponsors of the event and are long-time supporters of the CPA; hotdogs were donated by Olymel; buns were donated by Red Deer Co-op Grocery; and pop was courtesy of Red Deer Bottling Coca-Cola. In spite of the rainy weather, there was a constant stream of people, and the BBQ was able to raise about \$330. I guess hotdog sales are like golf, as long as there's no lightning it's OK.

Red Deer Westerner Days

July 19 is parade day and the kickoff to Red Deer Westerner Days. Red Deer's Westerner Park is a very accessible facility, thanks to proactive thinking and the involvement of the CPA.

Influencing the Political Process

Albertans currently have a unique opportunity to elevate the status of, and change the way the provincial government deals with disability issues. The **Alberta Disability Coalition** is a grassroots group with a vision for growing a large membership of people who will vote as a bloc in the upcoming Alberta Progressive Conservative leadership race. Seldom do we have such an opportunity to have a direct say in choosing the Premier of a province, but with Ralph Klein retiring, that is exactly the opportunity before us! In the leadership race, anyone with a \$5 PC membership may vote. You don't have to go to a Leadership Convention – you can vote in your own constituency. In the last

leadership race, 78,000 votes were cast. In Alberta there are 332,000 people (of voting age) with a disability. Even a small portion of that 332,000, along with their friends and families, working together could have a huge effect on the vote for the next Premier of Alberta. The **Alberta Disability Coalition** steering committee is researching all candidates and will endorse the candidate who will make disability issues a priority.

For more information, please contact:
Marlin Styner, Spokesperson
403.342.1072
marlin@332000strong.ca

www.332000strong.ca

For Your Information

Hockey Alberta Sledge Hockey Camp

The PSA is happy to announce the **Hockey Alberta Sledge Hockey Camp** that will be hosted at Augustana in Camrose, Alberta. This will be a great opportunity for all sledge hockey players over the ages of 13. The camp will be from July 18-21. If you are interested or would like more information please contact Fiona at 439-8687 or Jenn Lunn at (403) 342-6777 ext 19.

Interested in Archery?

The Capital Region Archery Club (CRAC) is hosting programs for all ages and abilities. For information please contact Larry Kelly at 909-1440 or headcoach@crachery.ca You can also visit their website at www.crarchery.ca

Adapted Golf Equipment -UPRIGHT Golf has developed the most comprehensive line of easy-to-use senior and adaptive golf playing aids in the industry. UPRIGHT Golf playing aids make golf possible for some, easier for most, and better for all. For more detailed information about these and other playing aids please visit www.uprightgolf.com

Back to the Future Contest

In celebration of their 20th Anniversary the Canadian Association of Independent Living Centre's (CAILC) has created a "Back to the Future" Youth Contest for youth with or without disabilities. This contest needs the imagination, creativity and spunkiness of Canada's youth in order to envision the world of disability 100 years from now.

Five Scholarships will be given. The submissions for each category will be considered and the top submission from each category will receive a \$1000

contribution toward any educational or training program (i.e. college or university tuition, Grade 12 equivalency, apprenticeships, etc)

Please e-mail all questions to contest@cailc.ca and keep checking the website www.cailc.ca for additional information.

Weight Wise

Capital Health's Weight Wise program is a region-wide initiative focused on helping residents achieve healthy weights for healthy lives. This program addresses the obesity epidemic that exists in our population today and is aimed at helping stop the incidence of chronic diseases such as diabetes, heart disease, arthritis and many others.

For more information visit:

<http://www.capitalhealth.ca/EspeciallyFor/WeightWise/default.htm>

Big Kahuna 3rd Annual Golf Classic

Deer Valley was once again host to the 3rd annual Big Kahuna Golf Classic on June 1st 2006. The Big Kahuna was first started to raise money for a CPA client Sean Smith. This year the tournament has grown to 138 golfers and will continue to grow. With help of sponsors \$14000.00 was raised with \$2000.00 going to the Spinal Cord Research Centre at the University of Manitoba and \$12000.00 to support the Regina Chapter of the Canadian Paraplegic Association.



The 4th Annual Rick Hansen Wheels in Motion Event was a success across Alberta again this year. Held on June 11, 2006, there was a total of 10 events across Alberta, including: Edmonton, Calgary, Grande Prairie, Lloydminster, Red Deer, Elnora, Vegreville, Vermilion, Lethbridge and Olds. Overall, participation by the Spinal Cord Injury community was the largest ever, and Edmonton had the honor of having Rick Hansen present. In total, more than 700 individuals attended the event, and over \$96,000 was raised with most of the funds staying in the communities listed and going towards quality of life projects for people with Spinal Cord Injuries. Donations are still being accepted online until June 30th, 2006. If you are interested in gaining more information about this event, or would like to organize a Rick Hansen Wheels in Motion Event in your community, please go online to www.rickhansen.com or www.wheelsinmotion.org

Research

Active involvement is needed in an important research initiative being undertaken by the **Canadian Council on Rehabilitation and Work (CCRW)**. The objective of this project – Youth Ability in Skilled Trades (YAST) is to enable youth with disabilities to learn about and foster careers in the skilled trades through the development of an informative website and Provincial skilled trade manuals. The manuals will then be used to facilitate workshops on skilled trade career opportunities for people with disabilities.

We are asking youth (ages 15 to 30) with disabilities across Canada to participate in a brief on-line survey. The survey should take a maximum of 10 minutes to fill out.

The purpose of the survey is to gather information on the employment of persons with disabilities and gain a better understanding of the challenges and opportunities they face in the skilled trades.

Please click on the link below to view the survey and feel free to distribute it widely:

<http://www.surveymonkey.com/s.asp?u=389522211441>

Another survey for employers can be found at:

<http://www.surveymonkey.com/s.asp?u=712942212932>

Click below to download the Data Development and Evaluation booklet

http://www3.gov.ab.ca/hre/lmi/pdf/pdd_profile1.pdf

Success Story

Aspiring teacher's declaration: never say never



Days before she was to begin the final year of her education degree, Kuen Tang lost control of her vehicle and drove over the side of a mountain. She woke up in the hospital to discover she was a quadriplegic. Despite the seemingly insurmountable obstacles that lay ahead, Tang was determined to do everything in her power to become a teacher.

Click the following link to read more about her success!

<http://www.expressnews.ualberta.ca/article.cfm?id=7624>

Call for Submissions/Subscribers

Please let others know about **Wheel-E** ! And let them know they can subscribe by emailing us or giving us a call!

Email us at : CPAAlbertaNewsletter@cpa-ab.org

Ph: (780) 424 - 6312 or outside of Edmonton use our toll-free number: 1-888-654-5444

Also, please let us know what you think of the newsletter, and don't forget to submit your announcements!

Email us at : CPAAlbertaNewsletter@cpa-ab.org

The next issue of CPA (Alberta) *Wheel-E* will be July 31, 2006. Send in your August announcements! Deadline for submissions will be July 27, 2006.

To unsubscribe or to change your coordinates please email:

CPAAlbertaNewsletter@cpa-ab.org

For more CPA (Alberta), visit our website at <http://www.canparaplegic.org/ab>

The Canadian Paraplegic Association (Alberta) is a Registered Charitable Association.

Charitable Registration # 11883-5016-RR0001. To make an online donation, visit:



<http://www.canadahelps.org/>

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