



**August 2008 Issue, vol. 33**

To access past editions please visit:

<http://www.cpa-ab.org/clearinghouse/wheel.html>

[Click here](#) for a Printer Friendly PDF file of this newsletter

**Table of Contents:**

**Events**

[CPA \(Alberta\) Charity Golf Tournaments](#)

**Staff Spot light**

[Good luck and farewell to Marlin Styner](#)

**Research, News & Information**

[Respite Care Community Consultations](#)

[Rapid Response Awards Available](#)

[Funding for Research Participants](#)

[NEADS Conference 2008](#)

[New Resource for Parents of Disabled Children: The RDSP Calculator](#)

[Best-Practice: Sexuality Education for Children with Physical Disabilities](#)

[What Will You Need as a Senior?](#)

**Edmonton**

[Intermediate/Advanced Wheelchair Skills Course](#)

**Lethbridge**

[Lethbridge Respite Care Demonstration Project](#)

[Funding for 3rd annual Spinal Cord Injury Conference](#)

[New Accessible Playground](#)

**Calgary**

[Rediscover Your Sensual Self](#)

[Chili Challenge](#)

[Skin Care Presentation](#)

[Wills, Estates & End of Life Issues - Odyssey Peer Program](#)

[Changes to Calgary shared-ride service](#)

[Taxi Fare increase and ACE](#)

[Accessible Housing Society Assessment Survey](#)

**Red Deer**

[Red Deer Respite Care Demonstration Project](#)

**Grande Prairie**

[CPA's 1st Annual Peer Conference in Grande Prairie](#)

**Education/Employment**

[Self-Employment: An Unexplored Option for People with Disabilities](#)

**Creative Solutions & Ideas**

[Lasher Sport](#)

**Wheelchair Sports/Fitness**

[Accessible Fitness](#)

[Get in Motion](#)

[Youth Games for Special Olympics](#)

### **Items for Sale**

[Wanted: Accessible van](#)

[Healthcare Equipment Trader](#)

[Want to buy a home but the market is too high?](#)

[In need of an Accessible vehicle?](#)

[Swap and Shop](#)

### **Call for Submissions**

---

## **Events**

**CPA (Alberta) Charity Golf Tournaments are just around the corner...**



Visit the website for more information or to **register online** [www.cpa-ab.org/golf](http://www.cpa-ab.org/golf)  
[top](#)

---

## **Staff Spot Lights**

**Good luck and farewell to Marlin Styner**



I would like to congratulate Marlin Styner on his new appointment as Chair of the Premiers Council on the Status of Persons with Disabilities. This will be a very high profile position for Marlin which will make it much more easy for him to be a strong advocate for persons with disabilities. I look forward to greater things from the Council in the future. It will also mean, I hope, that CPAs advocacy efforts will have a champion closer to the government decision makers.

While the Premiers Council is going to gain a real champion CPA will also be losing one of its true champions. Marlin has raised the profile of CPA throughout the province over the last 10 years. It will be extremely hard to replace him.

I know that Marlin will always be welcome in all our CPA offices and will continue to work with each of us in trying to make Alberta a better place to live for persons who have a disability.

We all wish you every success Marlin.

[top](#)

---

## Research, News & Information

### **The Alberta Disabilities Forum unveils Community Consultation on Caregiver Supports, Services and Programs**

Beginning July 21, the Alberta Disabilities Forum will host consultation sessions in ten areas across the province for caregivers of persons with disabilities to identify their need for supports, programs and services.

The Alberta Disabilities Forum is a partnership of 41 provincial organizations that have come together to speak in a united voice on issues of importance to Albertans with disabilities. Working with the Government of Alberta, the ADF is undertaking a comprehensive study of caregiver needs in Alberta.

The ADF is asking family caregivers to attend the community consultation sessions to have their voices heard and to be part of developing prospective solutions that could support them in their important role as caregivers.

Information gathered from these consultations will serve as the foundation for ADF's respite demonstration project to begin in late 2008 and to develop policy recommendations about care giving.

We are excited to have this opportunity to gather caregiver input and look forward to seeing many caregivers at the consultations.

Our goal is to understand the needs of caregivers in Alberta and to develop recommendations for Caregiver Supports, Programs and Services, including Respite Care, to support you in your valuable role

To register, contact Melita Avdagovska at [melita@accd.net](mailto:melita@accd.net) or Anthony Price at [anthony@accd.net](mailto:anthony@accd.net) , or call 1-800-387-2514.

To find out more info on an event near you go to: <http://www.accd.net/>

[top](#)

### **Rapid Response Awards Available**

Are you a researcher seeking funding for a SCI translational research project? Through its

partnership with Rick Hansen Foundation and with Health Canada funding, the SCI Solutions Network is now offering Rapid Response Awards (RRAs) for cutting-edge, innovative projects that seek to translate novel discoveries into improved outcomes and quality of life for persons with SCI. [Find out more...](#)

[top](#)

### **Funding for Research Participants**

The SCI Solutions Network and the Rick Hansen Foundation have teamed up to provide funding to offset the costs people with SCI incur when they participate in a valid research study. [Read](#)

[More...](#)

[top](#)

### **NEADS Conference 2008**

The National Educational Association of Disabled Students (NEADS) is pleased to announce our 2008 national conference, "Learning Today, Leading Tomorrow." It will take place at the Delta Ottawa Hotel and Suites from November 14-16, 2008. The conference will focus on solutions to drive change.

This year's event will be an exciting opportunity for students, consumer advocates, service providers, employers and all others interested in exploring key issues of equal access to post-secondary education and employment for students and graduates with disabilities. We welcome delegates from across Canada and around the world. The 2008 conference is being organized by a Conference Planning Committee, comprised of NEADS board members and chaired by Agnes Tomkow, NEADS Alberta Representative. The 2008 conference will welcome guest speakers including Steven Fletcher, Member of Parliament and Sandi Bell, Canadian Human Rights Commissioner.

The four workshops that all delegates will participate in are:

1. Job Search Strategies: Competing in The Employment Market
2. Enhancing Opportunities in Science and Technology Related Fields
3. Solutions to Library/Print Material Access
4. Key Issues on Campus: Perspectives from Students with Disabilities

For more information, including our early bird rate for early registrants, the schedule, registration forms, and details on our speakers, go to: [www.neads.ca/conference2008](http://www.neads.ca/conference2008)

[top](#)

### **New Resource for Parents of Disabled Children: The RDSP Calculator**

Canada is the first country in the world to offer a Registered Disability Savings Plan (RDSP) to assist families in securing the future for a son or daughter with a severe disability. This new financial product becomes available on December 1st, 2008. Planned Lifetime Advocacy Network (PLAN), the organization that proposed and researched the RDSP, has just created an online calculator to assist families in determining the best approach towards the plan and the matching Federal Grants and Bonds.

PLAN's new online RDSP Calculator is now available at [www.plan.ca](http://www.plan.ca) or [www.rdsp.com](http://www.rdsp.com). The calculator will help Canadian families project the estimated future value of an RDSP, and will help determine how it can enhance the quality of life for a family member with a disability. "The RDSP allows our sons and daughters to acquire savings, removes them from poverty level, and brings them closer to achieving a better life – a good life," commented Susan Whittaker, chairperson of PLAN's board. "The RDSP Calculator is a wonderful tool to help families take the best advantage of the RDSP's capabilities."

Refer to the websites listed above for more information.

[top](#)

**Title of research: Best-Practice: Sexuality Education for Children with Physical Disabilities- Developing a Curriculum Based on Lived Experiences.**

Back ground: It has been found that people with disabilities face the same issues and challenges as those of the typical population, but also have to deal with additional issues specific to their disability. A common myth exists that children with disabilities are asexual and consequently do not need education about their sexuality. A review of the literature shows that adolescents with disabilities seem to be participating in sexual relationships without adequate knowledge and skills to keep them healthy, safe, and satisfied.

Purpose of this study: is to develop guidelines for teaching sexual health education to children with physical disabilities. Specifically, with regard to persons with disabilities:

- What unique issues do they face in relation to sex education?
- What experiences do they have with sex education?
- What should be included in a sex education curriculum for them?
- What are some of the primary sources of sex education for them when they were growing up?
- How did the sex education that they received influence their sexual activities?

**For more information contact: Shaniff Esmail, PhD, OT(C), Associate Chair, Department of Occupational Therapy, tel: 780-492-0397, [shaniff.esmail@ualberta.ca](mailto:shaniff.esmail@ualberta.ca) or Chelsea Krupa (Occupational Therapy student) [ckrupa@ualberta.ca](mailto:ckrupa@ualberta.ca)**

[top](#)

**What Will You Need as a Senior?**

Alberta's population is aging. As more and more baby boomers reach retirement age, the number of Alberta seniors is expected to increase by more than 40 percent to about 550,000 seniors in the next decade.

To help effectively meet the needs of tomorrow's seniors, all Albertans are invited to complete this provincial government survey.

The information gathered from your completed survey will be used to help develop an Aging Population Policy Framework, to guide future government decisions on seniors programs.

Surveys can be found Online: [www.TomorrowsSeniors.alberta.ca](http://www.TomorrowsSeniors.alberta.ca)

**Please return the completed survey by August 31 to:**

**Mail:** Demographic Planning Commission  
c/o Client and Information Services  
Seniors Services Division  
Alberta Seniors and Community Supports  
Box 3100  
Edmonton, AB T5J 4W3  
**Fax:** 780-422-8762 (To fax toll-free, first dial 310-0000)

[top](#)

---

## Edmonton

**Intermediate/Advanced Wheelchair Skills Course**

The intermediate and advanced wheelchair skills course is an 8 week course running **every Thursday from October 9 to November 27, 2008 from 2:00 to 3:30 pm** at the University of

Alberta Butterdome. Participants work with senior level students from the Faculty of Physical Education and Recreation who are enrolled in the course "Active Living for Persons with Physical Disabilities".

Participants will develop their skills in the following areas:

- Increase speed and endurance
- Learn the fundamentals of wheelies
- Become proficient at opening doors and manipulating objects
- Curb/Ramp skills
- Maneuver through obstacles and barriers

In addition to developing wheelchair skills individuals will:

- Increase fitness skills and learn how to prevent shoulder injuries
- Work with University Students in a lab setting
- Develop wheelchair sport skills and sample new sports

Each week, a discussion topic is presented by experienced wheelchair users. Weekly topics include: wheelchair maintenance, giving and receiving help, pressure sores, time management and prevention of shoulder injuries.

Who can participate?

- Full and part time manual wheel chair users
- Individuals who can self propel their wheelchair (either with 2 arms or 1 arm and 1 leg)
- Individuals who can commit to the 8 week program

Contact:

Karen Robinson

Program Director and Sessional Instructor

The Steadward Centre, Faculty of Physical Education and Recreation, UofA

(780) 492-7158

[kl.robinson@ualberta.ca](mailto:kl.robinson@ualberta.ca)

[top](#)

---

## Lethbridge

### **Lethbridge Respite Care Demonstration Project**

We are pleased to announce the Respite Care Demonstration Project Community Consultations. The purpose of these community consultations is to hear about the issues, challenges and experiences concerning respite care in Alberta, with the goal to influence policy decision-making. As the ADF project team, we highly encourage all ADF members and friends to participate in the consultation process.

#### **Lethbridge**

- Date: August 18, 2008
- Location: Lethbridge Lodge Hotel and Conference Centre, 320 Scenic Drive

Each session throughout the province will run from 1:00 - 4:00 PM or 5:00 – 8:00 PM. All sessions will include free food and refreshments

To register, contact Melits Avdagovska at [melita@accd.net](mailto:melita@accd.net) or call 1-800-387-2514

[top](#)

### **Funding for 3rd annual Spinal Cord Injury Conference**



[top](#)

### **5th Annual Stampede CHILI CHALLENGE Cook Off, Show & Shine**

On the rainy Thursday evening of July 10th, 2008, 24 CPA members and staffers assembled at the Dover Community Association to chuck on CHILI. There were 6 delectable entries, each with its own special character. The judges – Maggie Vanderschoot, Cal Schuler and Teren Clarke – assisted by Muff & Boo – had the enviable challenge of determining which of these CHILIS really “rocked”. The tension in the crowd was palpable as the judges gorged themselves and smacked their lips repeatedly. It was a sight to behold! The eager crowd then had to endure the suspense of waiting for the results while they consumed most of the remaining CHILI with great glee. Finally, after a cooling desert of watermelon, the judges revealed their choices to the restless crowd that was seething with impatience. A roar of approval was heard when Debbie Yizek’s CHILI was declared the winner. Richard Suggitt’s corn-laced entry placed second and third place was awarded to a new participant, Denise Hambly. Donna Boychuck, who is also new to the competition, received honorable mention. Thanks to everyone who took the time to make CHILI. We had a good time and can’t wait until 2009!



[top](#)

### **Skin Care Presentation**

On Thursday May 22nd we were pleased to have Edie Attrell, Clinical Nurse Educator with the Calgary Health Region educate us on how to prevent pressure sores and how to keep our skin healthy. She explained that “we” are our strongest advocates in directing our personal care. Edie gave us suggestions on which moisturizing creams and soaps are helpful in promoting healthy skin. Edie was kind enough to spend time addressing participant’s individual concerns; it was almost like having your own Personal skin consultant!

[top](#)

### **Wills, Estates & End of Life Issues - Odyssey Peer Program**

On Thursday March 24th, we were pleased to have Linda Lynch-Staunton Associate at McLeod & Company give us an in-depth presentation on why we need a Will, What happens if you don’t have a Will, What to consider when making your Will and when to change your Will. Linda then went through the responsibilities & legal obligations of an Executor, How many Executors you can name and what you should take into consideration when naming an Executor. She then finished off by explaining the details of an Enduring Power of Attorney and a Personal Directive. Linda’s presentation was very informative and generated a lot of questions from the audience.



[top](#)

### **Changes to Calgary shared-ride service**

City Council recently approved the use of Calgary transit Monthly Adult Pass, Monthly Youth Pass, and Youth Single Ride Tickets on Calgary shared-ride service.

This is big step in providing fare equity between all the forms of Calgary Transit which include Bus, CTrain and Access Calgary. The choice is yours! As an Access Calgary customer, you may choose to use a Transit monthly pass because you take enough trips that it will save you money or for the convenience of not having to purchase and manage tickets for each trip. For those customers who use Calgary Transit bus or CTrain for some trips and Access Calgary for other trips, it means that you do not have to purchase two forms of payment. Calgary Transit monthly passes and tickets can be purchased at most food and convenience stores or the Calgary Transit Customer Service Centre. For more information call 403-262-1000 or visit the Calgary Transit website at [www.calgarytransit.com](http://www.calgarytransit.com). Each time you ride with Access Calgary or on Calgary Transit bus or CTrain, you will need to show the Transit Pass to the driver.

Effective Aug. 1, 2008 Access Calgary will accept the following forms of payment for shared-ride service:

Tickets (Book of 10)  
Adult \$21.00  
Youth \$13.00 (ages 6-14)  
Monthly Passes  
Adult \$75.00  
Youth \$50.00 (ages 6-14)  
Low-Income \$37.50 (eligible residents of Calgary only)

[top](#)

### **Taxi Fare increase and ACE**

As a result of the recent Taxi meter rate increase approved by City Council, there will be some updates to the Access Calgary Extra (ACE) program as well. For those customers who have ACE cards, the monthly subsidy will be increased from \$40 to \$45 per month as of Aug. 1, 2008. The User Fee will also increase to \$3.40. This is the portion of the trip paid by the customer to the driver for each trip.

All customers who have the ACE card, have the same subsidy limit, so even if your card says \$40 on it, the amount that is available to you is \$45 as of Aug. 1, 2008. The subsidy amount will no longer be printed on the card. As always, the customer is responsible to keep track of their own subsidy expenditures so please keep your receipts after each trip.

[top](#)

### **Accessible Housing Society Assessment Survey**

In an effort to better support persons with physical disabilities, Accessible Housing Society has constructed an assessment survey which is designed to provide statistical evidence of the need for an accessible/affordable group home in Calgary. To participate, please click on the below link and complete the subsequent survey.

This survey will only take a couple minutes to complete. Feel free to pass it on to anyone that may be dealing with a similar population.

Thank you in advance for your participation.

[Accessible Housing Society - Assessment Survey](#)

Should you have any questions please feel free to contact Jason Yule at (403) 735-2426.  
[top](#)

---

## Red Deer

### Red Deer Respite Care Demonstration Project

We are pleased to announce the Respite Care Demonstration Project Community Consultations. The purpose of these community consultations is to hear about the issues, challenges and experiences concerning respite care in Alberta, with the goal to influence policy decision-making. As the ADF project team, we highly encourage all ADF members and friends to participate in the consultation process.

#### Red Deer

- Date: August 12, 2008
- Location: Red Deer Lodge Hotel and Conference Centre, 4311 – 49 Avenue

Each session throughout the province will run from 1:00 - 4:00 PM or 5:00 – 8:00 PM. All sessions will include free food and refreshments

To register, contact Melits Avdagovska at [melita@accd.net](mailto:melita@accd.net) or call 1-800-387-2514  
[top](#)

---

## Grande Prairie

### CPA's 1st Annual Peer Conference in Grande Prairie

ODYSSEY CPA (Alberta) Peer Program  
"EMBRACING THE JOURNEY"

An open invitation to individuals with spinal cord injuries and other physical disabilities with family, friends, caregivers and community

Saturday, September 13, 2008  
10:00 am to 4:00 pm  
Elks Lodge  
10806-106 Street  
Grande Prairie, Alberta

"Speakers, Trade Fair, Food, Prizes, Socializing, Networking, Learning"



Clark Sloan was born and raised in Calgary. He has a passion for sports and physical education. On June 1st, 1985, Clark was in a baseball collision and fractured C-6 and C-7 and dislocated his neck. Today, Clark is a full time employee of the Canadian Paraplegic Association and will present his work at the CPA Peer Conference in Grande Prairie on the Trauma of Spinal Cord Injury not only as an academic but as a counselor and a person who has lived with a SCI for 23 years.

For further information phone 1-780-532-3305

Agnes St Jean, Regional Services Coordinator at [agnes.stjean@cpa-ab.org](mailto:agnes.stjean@cpa-ab.org)

Winona Lafreniere, Client Services Coordinator at [winona.lafreniere@cpa-ab.org](mailto:winona.lafreniere@cpa-ab.org)

[top](#)

---

## Education/Employment



**Building A Bridge**  
to Self Employment  
for People with Disabilities

### **Self-Employment: An Unexplored Option for People with Disabilities**

FREE Program to help people with disabilities assess whether self-employment is a viable option for them.

Are you one of the 1.3 million Canadians that hate your job? Are you thinking self-employment is for you?

We are here to help! Social Enterprise Development Innovations (SEDI), supported by Human Resources and Skills Development Canada's National Office of Learning and Literacy Directorate, is launching its new website tool, The Building A Bridge to Self-Employment for People with Disabilities – Workbook Course. – Completely FREE for you to use!

Self-employment, can allow YOU to create employment opportunities for yourself– and design your choice of work and lifestyle.

SEDI is currently working with organizations across Canada recruiting people with disabilities interested in participating in the program. Participants will have completely free access to the program as well as a coach to help them use the on-line tool and assess their suitability for self-employment. If they decide to pursue self-employment, the coaches will assist them in finding the right program to help them achieve their goals.

Benefits include:

- One-on-one coaching, either in-person or online through our accessible Self-Employment Assessment Online Workbook
- Communication in American Sign Language over webcam if needed
- Access and Accommodation as part of the assessment
- Support from both Disability and Business organizations
- National networks, resources, newsletters, best practices and more!

If you or someone you know is interested in exploring self employment, you can contact Jenni Bolton at [jbolton@sedi.org](mailto:jbolton@sedi.org). To learn more about the program, check out the website at [www.cfdlearn.ca/exploreSE4pwd](http://www.cfdlearn.ca/exploreSE4pwd). To learn more about SEDI, the website is [www.sedi.org](http://www.sedi.org) [top](#)

---

## Creative Solutions & Ideas

### **Lasher Sport**

We strive to produce completely custom, high quality, highly functional, great looking wheelchairs and sports equipment. We build our wheelchairs one at a time to the exacting demands of our customers. Your happiness is our ultimate goal.

We don't stock pre-made frames which fit generic sizes that can be 'adjusted' to fit many users. We fabricate your chair for you the old fashioned way, one at a time. Each chair we manufacture is custom built to the closest tolerances when we receive your order.

Check out the website: [www.lashersports.com](http://www.lashersports.com)



[top](#)

---

## Wheelchair Sports/Fitness

### Accessible Fitness

People with disabilities enjoy the same benefits from physical activity as people without disabilities. So why is it that many people with disabilities are sedentary? And why is it that people with disabilities make up only a small fraction of the people who use community recreation and fitness facilities? This article explores how communities can improve the accessibility of their facilities for people with disabilities. [Read more...](#)

[top](#)

**Get in Motion** is a free physical activity counseling service for Canadians living with spinal cord injury. This is a Canada-wide service, operated from McMaster University's Department of Kinesiology, and supported by the SCI Translational Research Network in partnership with the Rick Hansen Foundation.

Get in Motion is designed to provide you with information and ongoing telephone support to help you meet your physical activity goals. You will receive a free physical activity toolkit that includes two therabands and information on physical activity for people with spinal cord injury. You will also be invited to participate in a research study on the effectiveness of this new service.

To participate or receive more information from an exercise counselor, please call our voicemail line at **1-866-678-1966** or e-mail [motion@mcmaster.ca](mailto:motion@mcmaster.ca)

[top](#)

### Youth Games for Special Olympics

Special Olympics Alberta is hosting the Youth Games in Edmonton on September 13th. The Youth Games is a ½ day event for children age 6 to 13 with intellectual disabilities and their families. The day will feature an opening ceremony, games and activities, and a closing ceremony. It is designed to help youth eligible for Special Olympics learn about the Young Athlete program and provides an opportunity to participate in a unique Special Olympic experience.

**When: September 13, 2008 from 9:00 am to 12:30 pm**

**Where: ACT Aquatics and Recreation Center, 2909 113 Avenue, Edmonton, Alberta**



**Special Olympics**

*Alberta*

For more information or to pre-register please contact:

Katie McGillivray Elgie  
Special Olympics Alberta  
Young Athlete Program Coordinator  
Direct (403) 830-0923  
Main Office (780) 415-0719  
[kelgie@specialolympics.ab.ca](mailto:kelgie@specialolympics.ab.ca)  
[top](#)

---

## Items for Sale

### **Wanted: Accessible Van**

A CPA (Alberta) client would like to buy an accessible adapted van in excellent condition. Please contact Elaine if you are selling or know of anyone selling. She can be contacted by phone at: (403) 280-6459

[top](#)

### **Healthcare Equipment Trader**

Non-profit Resource Brochure for Previously owned Healthcare Equipment  
Mission Statement: To reduce costs to families and those of us challenged with disability by providing a means of buying/selling quality used equipment.

For Information or to be put on e-mail list E-Mail: [healthequiptrader@telus.net](mailto:healthequiptrader@telus.net)  
Call 780 349-2110 for more information.

Visit the blog spot for more information that is updated monthly

<http://healthcareequipmenttrader.blogspot.com/>

[top](#)

### **Want to buy a home but the market is too high?**

For anyone who is wanting to buy their first home and makes a decent living but cannot afford one in this market, check this out:

<http://www.firstplacedmonton.com/> - They have accessible units

There is also information on 'The HOME Program' which assists people who are buying their first home with part of their down payment, as well as education sessions. They don't just help people who are low income, but it does determine how much they will give you in the end.

<http://www.thehomeprogram.ca/>

[top](#)

### **In need of an Accessible vehicle?**

Why not try the Accessible Transportation Sales & Services Canada - [www.atsscscanada.com](http://www.atsscscanada.com)

[top](#)

### Swap and Shop

This service is provided through the CPA website. Province wide people buy and sell used and new equipment. Check it out at: <http://www.canparaplegic.org/en/204>

[top](#)

---

## Call for Submissions/Subscribers

Please let others know about *Wheel-E!* They can subscribe by emailing or giving us a call.

[CPAAlbertaNewsletter@cpa-ab.org](mailto:CPAAlbertaNewsletter@cpa-ab.org)

(780) 424-6312 outside of Edmonton use toll-free number: 1-888-654-5444

Please give us your thoughts and feedback on our Newsletter. If you have announcements you would like posted, please submit to: [CPAAlbertaNewsletter@cpa-ab.org](mailto:CPAAlbertaNewsletter@cpa-ab.org)

The next issue of CPA (Alberta) *Wheel-E* will be Sept 1<sup>st</sup> 2008. First deadline for submissions will be August 22<sup>nd</sup> 2008. Please send in your announcements **before** the deadline!

To unsubscribe or to change your coordinates please email: [CPAAlbertaNewsletter@cpa-ab.org](mailto:CPAAlbertaNewsletter@cpa-ab.org)

For more information about CPA (Alberta) visit our website at <http://www.canparaplegic.org/ab>

**The Canadian Paraplegic Association (Alberta) is a Registered Charitable Association. Charitable Registration # 11883-5016-RR0001. To make an online donation, visit:**



<http://www.canadahelps.org/>

PRIVACY STATEMENT: Our Subscriber List is a private mailing list and will not be made available to other companies or individuals. We value every subscriber and respect your privacy.

PLEASE NOTE: CPA (Alberta) does not endorse or guarantee products, services or events listed.

© Canadian Paraplegic Association (Alberta) 2006. *Wheel-E* August 2008 Issue, vol. 33

[top](#)